

St. Laurence Justinian says: "Assuredly no human tongue is capable of telling how abundant are the fruits to be derived from the holy sacrifice of the Mass, how great the gifts and graces that flow from it." He then proceeds to enumerate a few of the most striking of these: "Through the sacrifice of the Mass the sinner is reconciled with God, the just is confirmed in his justice. Transgressions are forgiven, vices exterminated, virtues multiplied, merits augmented, temptations overcome." These are, indeed, fruits well worth having.

Beauty of the Soul

Grace invests the soul with surpassing loveliness, rendering her so fair and attractive that the beauty of the sun, the stars, the flowers, of man himself, cannot compare with hers. Could we but see a soul in the state of grace we should be forced to admit that in comparison with it nothing fair in nature is of any account. God Himself takes pleasure in it, and would rather that heaven and earth should pass away than that the beauty of such a soul should be marred or destroyed by mortal sin. Even the least degree of grace is productive of this beauty, but it is enhanced and increased by each added grace.

. . . United to God

Thus Grace gains for the soul the favor of God, and causes it to be united to God in a close, tender, and familiar friendship. The soul, when beautified by grace, is indeed so dear to God that He is pleased to dwell with it rather than in heaven itself, provided it makes a due return for His love.

The Incredible Mass by Fr. Martin von Cocham

Each month, a Mass is offered for deceased members listed in the monthly letter as above; and another Mass is offered for all past deceased members.

Please Pray for Our Deceased Members

Stanley Grzybowski
St. Our Lady of Good Counsel – Endicot, NY

Carol Hurley
Our Lady of Lourdes -- Malverne, NY

Patricia Gill
Our Lady of Lourdes -- Malverne, NY

Margaret Angrand
Our Lady of Lourdes -- Malverne, NY

Joyce Simoes
Our Lady of Mount Carmel -- Bristol, RI

Rose Pirri
Our Lady of Mount Carmel -- Bristol, RI

Alice Cirillo
Our Lady of Mount Carmel -- Bristol, RI

John Foley
St. Patrick -- Yorktown Heights, NY

Agnes Miazga
Shrine of St. Therese – Pueblo, CO

Sarah Decesaro
St. Mary's Help of Christians – Pueblo, CO

Julia Perez Martinez
St. Joseph – Pueblo, CO

Delfin J. Martinez
St. Joseph – Pueblo, CO

The Nocturnal Adoration Society

National Directorate: 2308 Maya Dr., Laredo, TX 78041

Spiritual Director: Rev. Fr. Alirio Corrales Gomez

National President: Raul Mendoza

Contact Person: Mrs. Dora Martinez – tel. (956) 441-7080

e-mail: nashquasadm@gmail.com

Office Hours: Monday thru Friday 8am - 5pm CT

Please send Donations to:
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414 Westberry Dr.,
Rapid City, SD 57702

Sincerely in Christ,

Paul Monette

Paul Monette, NAS, Asst. Mgr. / Editor
tel. (605) 342-2294 / e-mail: nnasmonette@centurylink.net



Communion Thanksgiving: Jesus sits in our soul as on a throne of grace. St. Alphonsus di Liguori

NAS Letter
April
2021

... in His Presence

The Institution of The Most Holy Sacrament

And while they were at supper, Jesus took bread and blessed and broke it, and gave to His disciples and said. Take ye and eat, this is My body. (Matt, xxvi. 26) After the washing of the feet, an act of humility the practice of which Jesus recommended to His disciples, He took His garments, and, sitting down again to table, wished to give men the last proof of the tender love that He had for them, and that was the institution of the Most Holy Sacrament of the altar. He took for that purpose bread, consecrated it, broke it, and gave it to His disciples, saying, Take and eat, this is my body.

He then recommended them as often as they should communicate to remember the death which He suffered for their sake. *As often as you shall eat this bread . . . you shall show the death of the Lord.* (1 Cor. xi. 26)

Jesus Christ did then, what a dying prince who tenderly loved his spouse would do: he selects among all his gems and jewels the most beautiful and costly; he then calls his spouse and says to her, O my dear spouse, I

Please take and keep this letter and reflect on its contents during the month in your visits to the Blessed Sacrament and see that your heart and mind will open to His grace into knowledge and love of God, Our Lord, Jesus Christ.

am going to die; and, that you may not forget me, I leave you this gem as a memorial of me: when you look at it, remember me and the love I have borne you.

Jesus Leaves Us His Treasure: "No tongue," says **St. Peter of Alcantara**, in his meditations, "is able to express the greatness of the love which Jesus bears to every soul. Hence, that His absence might not be an occasion of forgetting Him, He left, before His departure from this world, to His spouse this Most Holy Sacrament, in which He Himself remained, wishing that between them there should be no other pledge than Himself to keep alive the remembrance of Him."

Often Recollect the Passion of Our Lord: We may then imagine how pleasing it is to Jesus Christ that we **remember His Passion**, since He has instituted the sacrament of the altar, that we may preserve a continual remembrance of the **immense love which He has shown us in His death.**

Affections: O my Jesus, O God enamoured of souls! Has Thy affection for men enraptured Thee to such a degree as to make Thyself their food?

Tell me what more remains for Thee to do in order to oblige us to love Thee? In the Holy Communion Thou givest Thyself to us entirely and without reserve: it is then but just that we give our whole being unreservedly to Thee.

I wish to be all Thine, I wish to love nothing but Thee, my God. Thou hast said that he who eats Thy flesh lives only for Thee. He that eateth Me, the same also shall live by Me. (John, vi. 58)

Since then Thou hast so often permitted me to eat Thy flesh, make me die to myself that I may live only for Thee, only to serve Thee, and give Thee pleasure. My Jesus, I wish to fix all my affections in Thee: assist me to be faithful to Thee.

Passion and Death of Jesus Christ by St. Alphonsus di Liguori

Promoting Mary

They that work by me shall not sin. He, says Mary, who endeavors to honor me shall persevere to the end. *They that explain me shall have life everlasting;* and those who endeavor to make me known and loved by others will be of the number of the elect. Promise, then, that whenever you can, be it in public or in private, you will speak of the glories of Mary, and of devotion to her.

Ejaculatory prayer. Vouchsafe that I may praise Thee, most sacred Virgin!

The Holy Eucharist (12) by St. Alphonsus di Liguori

Hearing Mass With Devotion

Shedding Blood: In order to hear Mass with devotion, it is necessary to know that the sacrifice of the altar is the same as that which was once offered on Calvary, with this difference, that on Calvary the blood of Jesus Christ was really shed, but on the altar it is shed only in a mystical manner.

Dignity of the Office: Had you been present on Calvary, with what devotion and tenderness would you have attended that great sacrifice! Enliven your faith, then, and consider that the same action is performed on the altar, and that the same sacrifice is offered not only by the priest, but also by all who attend Mass. Thus, all perform, in a certain manner, the office of priests during the celebration of the Mass, in which the merits of the Passion of our Savior are applied to us in a particular manner.

It is, moreover, necessary to know that the sacrifice of the Mass has been instituted for four ends.

1. To honor God.
2. To satisfy for our sins.
3. To thank God for his benefits.
4. To obtain the divine graces.

Thence arise the following considerations which may aid us to hear Mass with great fruit:

1. **Honor God:** By the oblation of the person of Jesus Christ, God and man, to the Eternal Father, **we give to God infinite honor;** we give Him greater honor than He would receive from the oblation of the lives of all men and all angels.

2. **Satisfaction For Sins:** By the oblation of Jesus Christ in the Mass, **we offer to God a complete satisfaction for all the sins of men,** and especially for the sins of those who are present at Mass; to whom is applied the same divine blood, by which the human race was redeemed on Calvary. Thus, by each Mass more satisfaction is made to God than by any other expiatory work. But although the Mass is of infinite value, God accepts it only in a finite manner, according to the dispositions of those who attend the holy sacrifice, and, therefore, it is useful to hear several Masses.

3. **Thanksgiving:** In the Mass we **render to God an adequate thanksgiving** for all the benefits that He has bestowed upon us.

4. **Obtain Divine Graces:** During the Mass **we can obtain all the graces that we desire for ourselves and for others.** We are unworthy of receiving any grace from God, but Jesus Christ has given us the means of obtaining all graces, if, while we offer Him to God in the Mass, we ask them of the Eternal Father in His name, for then Jesus Himself unites with us in prayer. If you knew that while you pray to the Lord, the divine Mother, along with the whole of paradise, united with you, with what confidence would you pray? Now when you ask of God any grace during the Mass, Jesus (whose prayers are more efficacious than the prayers of all who are in heaven) prays for you, and offers in your behalf the merits of His Passion.

Blessed Sacrament by St. Alphonsus

Holy Mass Blessings

The holy fathers and doctors of the Church cannot say enough when they enlarge on the benefits holy Mass brings to the faithful.