of the sin of our first parents, He came down from Heaven and died for us upon the Cross. Surely there could not be a greater act of love than that.

## St. Clare Protected

The Emperor Frederic II came to attack the town of Assisi. His army consisted of men of the lowest rank of society, among whom were many infidels. Near the gate of the city stood a convent of nuns, governed by the holy abbess St. Clare. This was the first place these ruffians attacked. They placed ladders against the walls and prepared to ascend, and it seemed as if in a few moments the spouses of Jesus Christ would fall into the hands of those wicked men. But Jesus was there to help His servants. In this extremity St. Clare called together her nuns, and going into the chapel, she, by an inspiration from Heaven, caused the ciborium containing the Sacred Body of Our Lord, to be carried to the place where the men were already beginning to ascend; then, with her eyes raised up towards it, she said: "O my beloved Jesus, is it possible that we, Thy servants whom Thou hast brought hither to serve Thee, and whom Thou dost so often nourish with Thy precious Body and Blood, should fall into the hands of those who know Thee not, and who would destroy in us that immaculate purity which belongs to Thee?"

As soon as she had ended her prayer, there came a voice from Heaven which said in accents of great sweetness: "You shall ever be under My protection."

At the same moment those who were on the ladders were struck with blindness; a sudden panic arose among the rest, and taking the ladders from the wall, they all took to flight as if pursued by an immense army.

Thus did Jesus in His Holy Sacrament protect His servants who prayed to Him with confidence. The first act that you should make in the presence of Jesus in the Blessed Sacrament is an act of faith, by which you tell Him that you firmly believe in His adorable presence in the Holy Eucharist. You should say to Him something like this: "O my God, I believe that Thou art truly present in this adorable Sacrament because Thou hast said it, and Thy word is true." You must believe this as firmly as if you saw Jesus present with your bodily eyes.

The Catechism in Example by Rev. D. Chisholm

Please Pray for Our Deceased Members

Shirley Yochem
St. Joseph – Wayland, NY

Richard L. Holtz
St. Benedict – Richmond, VA

Margaret Perreira

Our Lady of Mount Carmel -- Bristol, RI

Mary Piva
St. Mary's - Washingtonville, NY

Each month, a Mass is offered for deceased members listed in the monthly letter as above; and another Mass is offered for all past deceased members.

## The Nocturnal Adoration Society

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My Dear Friend in Christ, Could you please help with the printing and mailing of these letters with a donation? Thank you. God bless you and Mary keep you.

Paul H. Monette (605) 342-2294

(Please send donations to: NAS, 414 Westberry Dr. Rapid City, SD 57702

Communion Thanksgiving: Jesus sits in our soul as on a throne of grace. St. Alphonsus di Liguori

NAS Letter October 2021

... in His Presence

# Blessed Sacrament: Fountain of Life

# Fountain that Cleanses Our Souls:

The prophet Zacharias says: In that day there shall be a fountain open to the house of David, and to the inhabitants of Jerusalem, for the washing of the sinner. (Zach. 13, 1.) Jesus in the Holy Sacrament is the fountain foretold by the prophet as open to all, and to which we can go whenever we please, to wash our souls from all the stains of sin which are daily contracted. When anyone falls into some fault, what more beautiful remedy is there than to have immediate recourse to the Most Blessed Sacrament.

## Blessings:

Yes, my Jesus, I resolve always to do this; for I know that the waters of this fountain of Thine not only

- 1 cleanses me, but also
- 2 gives me light, and
- 3 strengthens me not to fall, and
- 4 enables me cheerfully to bear contradictions, and also
- 5 inflames me with Thy love.

Please take and keep this letter and reflect on its contents during the month in your visits to the Blessed Sacrament and see that your heart and mind will open to His grace into knowledge and love of God, Our Lord, Jesus Christ.

#### Great Desire to Love Jesus:

I know that for this end it is that Thou awaitest my visits, and recompensest those of Thy lovers with so many graces. My Jesus, delay not; but wash me now from all the defects that I have committed this day, and for which I am grieved because they have displeased Thee; strengthen me against relapse by giving me a great desire to love Thee much.

#### Example -- Mary Diaz:

Oh, could I but always dwell near Thee, as did Thy faithful servant Mary Diaz, who lived in the time of **St. Teresa**, and had permission from the bishop of Avila to inhabit the tribune of a church, where she remained almost always in the presence of the Most Blessed Sacrament.

#### Example - Brother Francis:

When the Venerable Brother Francis of the Infant Jesus, of the Order of the Discalced Carmelites, passed before a church in which the Blessed Sacrament was kept, he could not refrain from entering to visit it, saying: "That it was not becoming for a friend to pass before the door of a friend without entering, at least to salute him and exchange a word." But a word did not satisfy him; he always remained as long as obedience allowed him in the presence of his beloved Lord.

## Affections:

My only and infinite good, I see that Thou hast instituted this Sacrament, and that Thou remainest on this altar, to be loved by me; and that for this end Thou hast given me a heart capable of loving Thee much.

Why is it, then, that I am so ungrateful as not to love Thee, or that I love Thee so little? Now it is not just that such goodness as Thou art should be so little loved. The love, at least, which Thou bearest me, deserves other and greater love on my part.

#### Contrition:

Thou art an infinite God, and I am a miserable worm. It would be little, did I die for Thee, or wear myself out for Thee, Who didst die for me, and dost sacrifice Thy entire self for me every day on the altar.

#### Resolution:

Thou deservest to be much loved; I will love Thee much; help me, my Jesus, help me to love Thee, help me to do that which pleases Thee so much, and which Thou so earnestly seekest of me.

**<u>Ejaculation:</u>** My Beloved to me, and I to my Beloved!

# Visit to the Blessed Virgin Mary

My most sweet, most compassionate, most amiable Queen, Oh, how great is the confidence with which **St. Bernard** inspires me when I have recourse to thee! He says that you do not go examining the merits of those who have recourse to your compassion, but that you offer yourself to help all who pray to thee: "Mary does not discuss merits, but shows herself ready to hear and welcome all."

Therefore, if I pray to thee, you do graciously hear me. Please hear my prayer: I am a poor sinner, and I wish to change my life; I wish to love God, whom I have so greatly offended. I dedicate myself to thee. O Mary, as thy slave; to thee I give myself, miserable as I am; save this poor creature who is no longer his own but yours. My Lady, I trust that you have graciously heard my prayer.

*Ejaculation:* O Mary, I am thine; please save me.

20th visit to the Blessed Sacrament by St. Alphonsus Liguori

# Holy Mass: Sacrifice of The Cross

Only in Heaven will we understand what a Divine marvel the Holy Mass is. No matter how much we force ourselves and no matter how holy and inspired we are, we cannot but stammer on this Divine work which transcends men and Angels.

One day **St.** Padre **Pio of Pietrelcina** had been asked, "Father, please explain the Holy Mass to us."

"My children," replied **St. Padre Pio**, "how can I explain it to you? The Mass is infinite like Jesus ... ask an Angel what a Mass is and he will reply to you in truth, 'I understand what it is and why it is offered, but I do not, however, understand how much value it has.' One Angel, a thousand Angels, all of Heaven, know this and think like this."

## The Altar is Calvary – Jesus on the Cross:

St. Alphonsus de Liguori came to affirm, "God Himself cannot bring about an action more holy and greater than the celebration of one Holy Mass." Why? Because the Holy Mass is, one could say, the synthesis, because the Holy Mass can be said to sum up the Incarnation and Redemption and contains the Birth, Passion and the Death of Jesus, mysteries which God accomplished for our sakes. The second Vatican Council teaches, "At the Last Supper, the night in which He was betrayed, Jesus initiated the Eucharistic Sacrifice of His Body and Blood, in order to continue the Sacrifice of the Cross throughout the centuries until His return." (Sacrosantum Concilium, The Constitution on the Liturgy, n. 47)

St. Thomas Aquinas, in an enlightening passage, wrote, "The celebration of the Holy Mass is as valuable as the death of Jesus on the Cross."

For this reason, **St. Francis of Assisi** said, "Man should tremble, the world should vibrate, all Heaven should be deeply moved when the Son of God appears on the altar in the hands of the priest."

Jesus, Our Eucharist Love by Stefano Manelli, F.F.I

# Real Presence of Jesus Christ in The Holy Eucharist

My child, Jesus Christ loves us with an infinite love. When He saw that we were forever to be shut out of Heaven on account