

could find nowhere so much joy and contentment of heart as in a church where the Blessed Sacrament was preserved.

The Blessed Sacrament -- Fr. Michael Muller, C.S.S.R.

"He is looking at me, and I am looking at him."

There lived, not long ago, at Ars, in France, a very poor man, who could not read, and who had to labor all day for the support of himself and his little family. But his *heart was full of the love of Jesus in His adorable Sacrament*. Whether going to his work or returning from it, never did that good man pass the church-door without entering to adore Our Lord. He would leave his tools his spade, hoe, and pickaxe at the door, and remain for hours together sitting or kneeling before the tabernacle.

The priest, who watched him with great delight, could never perceive the slightest movement of the lips. Being surprised at this, he said to him one day: *"My good Father, what do you say to Our Lord in these long visits you pay Him every day, and many times a day?"*

"I say nothing to Him," was the reply; *"I look at Him, and He looks at me."* Oh, what simple, beautiful faith!

Life of the Blessed Curé of Ars.

Blessed Peter Of Toulouse

One day, as Blessed Peter of Toulouse held the sacred Host in his hands just before Communion, he suddenly beheld, not the Host, but in its stead a Child of ravishing beauty. The sight filled him with respectful fear, and not daring, through humility, to give his eyes the liberty of looking on Jesus, he closed them, all dazzled as they were with the brightness of His glory.

But Jesus, whose delight is to be with the children of men, still appeared to the holy priest as if his eyes had been wide open. Nor could he turn his eyes away from the sight of that glory, for Jesus, as it were, held his gaze fixed on Himself, filling his soul at the same time with inexpressible sweetness.

The Catechism in Examples by Rev. D. Chisholm

Please Pray for Our Deceased Members

Elba Garcia
St. -- New Hyde Park, NY

Lawrence J. Koch, Jr
St. Margaret of Scotland – Pittsburg, PA

Ginny Johnson
Christ The King – Rochester, NY

Each month, a Mass is offered for deceased members listed in the monthly letter; and another Mass is offered for all past deceased members.

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My Dear Friend in Christ. Could you please help with the printing and mailing of these letters with a donation? Thank you. God bless you and Mary keep you.

Teresa Burkard

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Communion Thanksgiving: Jesus sits in our soul as on a throne of grace. St. Alphonsus di Liguori

**NAS Letter
August
2025**

... in His Presence

Let Us Love The Most Blessed Sacrament

Move My Heart to God:

There are certain people who love madly their parents or friends but do not know how to love God. But what we do for a creature is what we must do for God; with the difference, however, that we must love the Good God beyond all measure, and love Him always more and more.

United In Christ:

A Soul that loves in that manner has only one power, one life: Our Lord in the Most Blessed Sacrament. He is there! . . . The soul lives under the influence of that thought. He is there! ... And there results an exchange of love, a fellowship of life.

Always Present:

Ah! Why do we not actualize our love? We go back more than eighteen centuries to seek for examples of virtue in the mortal life of our Lord. But Our Lord could say to us: "You have loved Me on Calvary because there I washed away your sins. You have loved Me in the Crib because there I was meek and lovable.

Please take and keep this letter and reflect on its contents during the month in your visits to the Blessed Sacrament and see that your heart and mind will open to His grace into knowledge and love of God, Our Lord, Jesus Christ.

Why then do you not love Me in the Blessed Sacrament where I am always with you? You have only to come. I am there, alongside of you."

Our Little Love:

Ah! Our sins are not so much what we should fear being reproached with at the Last Judgment: they are pardoned forever. But **Our Lord will reproach us for our little love for Him.**

Law of Love:

"You loved Me less than creatures. You did not seek the happiness of your life in Me. You loved Me enough not to offend Me mortally, but not enough to live of Me!"

But we may say: "Are we then obliged to love to that extent?"

I am fully aware that there is no written precept to love that much; there is no need for one. Nothing commands it, but everything proclaims it; that law of love is written in our hearts.

Our Lord Disregarded:

Yes, what frightens me is the fact that Christians will gladly and seriously think of all other mysteries and be devoted to some saint; but **they will do nothing for Our Lord in the Most Blessed Sacrament.**

I Must Come and Visit Him:

But why this state of things? Because we cannot consider the Most Blessed Sacrament attentively without concluding: "I must love Him, and come to visit Him. I must not leave Him alone; He loves me too much!"

Live In Our Lord:

In the case of other mysteries, everything is far away; it is past history and does not so easily get a hold on the heart; we do little besides admiring them. But with the Eucharist, we must give ourselves; we must abide and live in Our Lord!

Exaggerate & Love Passionately:

The Eucharist is the noblest aspiration of our heart. Let us therefore love it passionately!

Some say: "But all this is exaggeration!"

Love is nothing but exaggeration; to exaggerate is to go beyond the strict requirements of the law. Love must exaggerate.

Exaggerated Love:

Is not the love Our Lord shows us by remaining with us without honor and without servants an exaggerated love? He does not love who intends limiting himself to his strict duties. We love only when we feel the passion of love within us.

Blessings of Love:

If you love the Eucharist passionately, you will *habitually have Our Sacramental Lord in mind*; you will *find your happiness at His feet*; and you will *be constantly seeking His good pleasure.*

Total Self-giving:

Come!

Let us be *all taken up with Our Lord!*
Let us *love Him a little for His own sake.*
Let us *forget ourselves and give ourselves to this good Savior!*

Let us *sacrifice ourselves a bit!*

Look at the candles and the sanctuary lamp, which burn without leaving any trace, without reserving anything for themselves.

Jesus Alone:

Why should we not be for Our Lord's sake a holocaust of which nothing would be left?

No! Let us live our own life no longer; let Jesus Hostia, alone live in us. He loves us so much!

The Real Presence by St. Peter Julian Eymard

Faith in the Real Presence

Prayer:

The most efficacious means to gain a strong faith in the Real Presence of Jesus Christ in the Blessed Sacrament is to pray for it. "He that asketh receiveth."

Desire for Lively Faith:

Hence, if you wish to have a lively faith in this mystery, a faith that will make you exult when in the presence of the Holy Eucharist, or even when you think of it, ask it of Jesus Christ, and be assured that you will receive it.

Pray Persistently:

Since this lively faith is a gift of inestimable value, Jesus Christ wishes that we should ask for it again and again without ceasing. Pray for it until you have obtained it, and when you have obtained this great gift, continue to pray that you may never lose it.

Affected By The Love of Jesus:

A young cleric once heard a missionary preach on the Real Presence, and *on the great love of Jesus Christ* in the Blessed Sacrament. The preacher spoke with as lively a faith as if he saw Jesus Christ with his eyes.

Awestruck:

The young man was struck at this, and said to himself: "O my Lord! what shall become of me? I, too, must one day preach on Thy presence in the Holy Eucharist; but how feeble will my words be in comparison with the words of this pious priest!"

Begged Persistently:

The young man related this afterwards, and he added that, from that time forward, he had always begged of Jesus Christ the *gift of a lively faith in the Real Presence*, and that he had done so frequently during Mass, particularly at the time of the elevation.

Extreme Faith:

By this means his faith became so strong that he afterwards besought Our Lord not to appear to him in any sensible manner; and he