

pray to Him; He has promised to do so: "Ask and it shall be given you." But in the Most Holy Sacrament, Jesus dispenses favors more abundantly to those who visit Him.

Finding Joy In His Presence:

Go often with devotion to visit Jesus in the Blessed Sacrament, and after a while you will experience the truth of what **St. Alphonsus** has said, nay, perhaps; it may even be given to you to feel transports of joy and gladness such as the Saints have experienced in the presence of the Blessed Sacrament,

The Blessed Eucharist by Fr. Michael Muller, C.S.S.R.

Apparition Of Jesus To St. Catherine

One day when **St. Catherine of Siena** was only six years old, her mother sent her to the house of one of her sisters, called Bonaventura, who was married, and who lived near one of the gates of Siena. Her brother Stephen, who was two years older than she, accompanied her.

As she was returning by his side and was passing the church of the Dominican Fathers, she had a vision. Over the church she saw Our Blessed Lord sitting on a throne, clad in sacred vestments of royal magnificence. This sight filled the heart of the child with joy and love. She saw that Our Lord was gazing lovingly on her, and with a smile of tender affection He gave her His blessing. She stood motionless in the middle of the crowd which passed her on the street, gazing at this vision, which no one saw but herself.

In the meantime Stephen had gone forward without observing that his sister was not with him, but when he turned round and saw her standing in the middle of the street, he called on her to come. But she seemed not to hear him. So, going up to her, he took her by the hand, saying to her in an

angry tone: "What are you doing there gazing up to the skies? Why don't you come?"

Catherine, as if awakening out of a deep sleep, looked round and said: "O Stephen, if you only saw what I see you would never have disturbed me in so beautiful a vision."

My child, it is that same Jesus Who is in the holy tabernacle; you cannot indeed see Him as **St. Catherine** did, but He looks on you with the same loving look, and has the same affection for you as He had for her.

Catechism in Example by Rev. D. Chisholm

Please Pray for Our Deceased Members

Veronica Muldoon
St. Patrick, Yorktown Heights, NY
Karen Holzschuh
Nativity of the Blessed Virgin Mary
Brockport, NY

Each month, a Mass is offered for deceased members listed in the monthly letter; and another Mass is offered for all past deceased members.

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My Dear Friend in Christ, Could you please help with the printing and mailing of these letters with a donation? Thank you. God bless you and Mary keep you.

Teresa Burkard

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Communion Thanksgiving: Jesus sits in our soul as on a throne of grace. St. Alphonsus di Liguori

**NAS Letter
November
2026**

... in His Presence

Catechism on the Real Presence

Jesus – In His Goodness Waits for Us:

OUR LORD is hidden there, waiting for us to come and visit Him, and make our request to Him.

See how good He is! He accommodates Himself to our weakness.

In Heaven, where we shall be glorious and triumphant, we shall see **Him in all His glory.**

Hidden – to Draw Us:

If He had presented Himself before us in that glory now, we should not have dared to approach Him; but He hides Himself, like a person in a prison, who might say to us, "You do not see me, but that is no matter; ask of me all you wish and I will grant it."

He is there in the **Sacrament of His love**, sighing and interceding incessantly with His Father for sinners.

Remains Present:

To what outrages does He not expose Himself that He may remain in the midst of us! He is there to console us; and therefore **we ought often to visit Him.**

Please take and keep this letter and reflect on its contents during the month in your visits to the Blessed Sacrament and see that your heart and mind will open to His grace into knowledge and love of God, Our Lord, Jesus Christ.

Our Visit – Most Pleasing:

How pleasing to Him is the short quarter of an hour that we steal from our occupations, from something of no use, to come and pray to Him, to visit Him, to console Him for all the outrages He receives!

When He sees pure souls coming eagerly to Him, He smiles upon them. They come with that simplicity which pleases Him so much, to ask His pardon for all sinners, for the outrages of so many ungrateful men.

Full Of Love For Us:

What happiness do we not feel in the presence of God, when we find ourselves alone at His feet before the holy tabernacle! "Come, my soul, redouble your fervor; thou art alone adoring thy God. His eyes rest upon thee alone." This good Savior is so full of love for us that He seeks us out everywhere.

Ah! if we had the eyes of angels with which to see Our Lord Jesus Christ, Who is here present on this altar, and Who is looking at us, **how we should love Him!** We should never more wish to part from Him. We should wish to remain always at His feet; it would be a foretaste of Heaven: all else would become insipid to us.

Faith – To See Our Lord:

But see, it is faith we lack. We are poor blind people; we have a mist before our eyes. Faith alone can dispel this mist. Presently, my children, when I shall hold Our Lord in my hands, when the good God blesses you, ask Him then to **open the eyes of your heart**; say to Him like the blind man of Jericho, "O Lord, make me to see!" If you say to Him sincerely, "Make me to see!" you will certainly obtain what you desire, because He wishes nothing but your happiness.

Our Indifference:

He has His hands full of graces, seeking to whom to distribute them; alas! and no one will have them. . . .

Oh, indifference! Oh, ingratitude! My children, we are most unhappy that we do not understand these things! We shall understand them well one day; but it will then be too late!

Offer Jesus to God:

Our Lord is there as a Victim; and a prayer that is very pleasing to God is to ask the Blessed Virgin to offer to the Eternal Father her Divine Son, all bleeding, all torn, for the conversion of sinners; it is the best prayer we can make, since, indeed, all prayers are made in the name and through the merits of Jesus Christ.

We must also thank God for all those indulgences that purify us from our sins . . . but we pay no attention to them. We tread upon indulgences, one might say, as we tread upon the sheaves of corn after the harvest.

Prayer – United to Christ:

When we are before the Blessed Sacrament, instead of looking about, let us shut our eyes and our mouth; let us open our heart: our good God will open His; we shall go to Him, He will come to us, the one to ask, the other to receive; **it will be like a breath from one to the other.**

Complete Detachment from Self:

What sweetness do we not find in forgetting ourselves in order to seek God! The saints lost sight of themselves that they might see nothing but God, and labor for Him alone; **they forgot all created objects in order to find Him alone.** This is the way to reach Heaven.

The Little Catechism of Cure of Ars by St. John Vianney

Saints Affected by Visits to Jesus in The Blessed Sacrament

Acquiring The Love of God:

The Saints obtain the inestimable gift of the love of God from conversing frequently with Jesus Christ in the Blessed Sacrament. The oftener and the longer they conversed

with Him, **the more they felt their hearts inflamed with divine love.** How were so many souls enlightened to see and to know the vanity of this world? How did they find strength and courage to leave all the comforts of their homes, and to lead a holy, mortified, poor and despised life?

From where did this great grace come from? It was derived from their frequent conversations with Jesus Christ in the Blessed Sacrament.

More Comfort than worldly -- :

The soul, by remaining, with any degree of recollection, before the Blessed Sacrament, receives more comfort from Jesus than the world with all its pleasures and pastimes can ever afford.

Such Blessings:

What delight to be before the altar with faith, and with even a little tender love, and to speak familiarly to Jesus, "Who is there to hear and grant the prayers of those who visit Him; to implore pardon for our sins; to lay our wants before Him, as one friend does before another whom he fully trusts; to beg for His grace, His love, His paradise. Above all, **what a heaven, to make acts of love to this Lord Who remains on the altar, praying to His Eternal Father for us, and burning with love towards us!**

Petitions Granted:

You will find that the time you spend devoutly before this divine Sacrament, will be the most useful of your life, and that **which will most console you in death, and for eternity.** You will, perhaps, gain more in a quarter of an hour's prayer before the Blessed Sacrament than in all the other spiritual exercises of the day. God does, indeed, grant, in every place, the petitions of those who