God and His holy law.

One day, when the child was only three years old, her aunt was telling her that God commands us to love Him "with our whole heart, and above all things." "My dear aunt," she said, "what does that mean? What is it to love God above all things?"

"To love God above all things is to love Him more than your father and your mother and me, and every other thing."

The child repeated these words to herself over and over again, till she knew them by heart; and very often people would hear her, when she thought no one was listening, saying, "O my God, I love Thee more than my father, and my mother, and my aunt, and every other thing. Yes, yes; I love nothing but Thee, O my God, and I wish to search for Thee till I find Thee."

St. Mary Magdalen And The Flowers

Every time **St. Mary Magdalen of Pazzi** saw a flower, or any other beautiful thing that God made, she would feel her soul all on fire with love of God. "O my God," she would say, "it was for love of me that Thou didst make that little flower, just to give me pleasure. Oh, how loving must Thou be, my dear Heavenly Father!"

A Holy Man Ashamed Of His Little Love For God

There was a certain holy man who was so ashamed of his little love for God, that whenever he saw the beauty of the things God had made, he used to say: "Be silent, ye flowers and beautiful works of God. Whenever I look on you, you always seem to say to me: What an ungrateful wretch you are! God made us for love of you, and yet you will not love Him. Yes. I hear you and I know you say the truth; but oh, be silent, and do not always reproach me!"

My child, you must also love God because He made you. If He had not made you, you would never have been in this world at all. Yet He was not obliged to make you. He could have made others instead of you. But He made you because He had for you a special affection. Surely, then, you will not refuse to love Him.

Catechism in Example by Rev. D. Chisholm

Please Pray for Our Deceased Members

Art Meier
Sacred Heart / St. Joseph – Topeka, KS

Joseph Doyle
St. Paul the Apostle, Drexel Hill, PA

Paula Munoz
St. Matthew – San Mateo, CA

Anne Elizabth Flynn (died 63)
St. Sylvester – Gulf Breeze, FL

Each month, a Mass is offered for deceased members listed in the monthly letter; and another Mass is offered for all past deceased members.

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My Dear Friend in Christ, Could you please help with the printing and mailing of these letters with a donation? Thank you. God bless you and Mary keep you.

Teresa Burkard

Teresa Burkard (860) 877-0894
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Communion Thanksgiving: Jesus sits in our soul as on a throne of grace. St. Alphonsus di Liguori

NAS Letter December 2026

. . . in His Presence

Purity of intention

Seal on Our Heart & Arm:

Jesus Christ looks from a soul that loves him: *Put me, He says, as a seal upon thy heart, as a seal upon thy arm.* (Cant. viii. 6) He desires us to place Him as a seal on our heart and on our arm:

on our heart, in order that whatever we intend doing, we may **intend solely for the love of God;**

on our arm, in order that whatever we do, all may be **done to please God;**

so that **God may be always the sole end of all our thoughts and of all our actions.**

Total Detachment:

St. Teresa said, that he who would become a saint must **live free from every other desire than that of pleasing God;** and her first daughter, the **Venerable Beatrice of the Incarnation,** said, "No sum whatever could repay the slightest tiling done for God."

Please take and keep this letter and reflect on its contents during the month in your visits to the Blessed Sacrament and see that your heart and mind will open to His grace into knowledge and love of God, Our Lord, Jesus Christ.

Charity:

And with reason; for all things done to please God are acts of **charity which unite us to God,** and obtain for us ever lasting rewards.

Actions Done for God:

Purity of intention is called the heavenly alchemy by which iron is turned into gold; that is to say, the most trivial actions (such as to work, to take one's meals, to take recreation or repose), when done for God, become **the gold of holy Love.**

Strait to Heaven:

Wherefore **St. Mary Magdalene of Pazzi** believes for certain that those who do all with a pure intention, **go straight to Paradise, without passing through purgatory.**

Example – Pleasing God Only:

It is related (in the Spiritual Treasury) that it was the custom of a pious hermit, before setting about any work, to pause a little, and lift his eyes to heaven; on being questioned why he did so, he replied, "I am taking my aim." By which he meant, that as the archer, before shooting his arrow, takes his aim, that he may not miss the mark, so before each action he made God his aim, in **order that it might be sure of pleasing Him.**

We should do the same; and even during the performance of our actions, it is very good for us from time to time to renew our good intention.

All for The Divine Will:

Those who have nothing else in view in their undertakings than the Divine Will, **enjoy that holy liberty of spirit which belongs to the children of God; and this enables them to embrace everything that pleases Jesus Christ,** however revolting it may be to their own self-love or human respect.

Frequent Holy Communion

Means to Increase Our Love:

A means of perfection, and even of perseverance in the grace of God, is frequently to receive the Holy Communion, where soul can do nothing more pleasing to Jesus Christ than to receive Him often in the Sacrament of the Altar.

Means of Perfection:

St. Teresa said: **"There is no better help to perfection than frequent Communion:** oh, how admirably does the Lord bring such a soul to perfection!" And she adds, that, ordinarily speaking, they who communicate most frequently are found further advanced in perfection; and that there is greater spirituality in those communities where frequent Communion is the custom. For this reason it is that the holy Fathers have so highly extolled, and so much promoted, the practice of frequent and even of daily Communion.

Expounded by Saints:

Holy Communion, as the Council of Trent tells us, delivers us from daily faults, and preserves us from mortal ones.

St. Bernard asserts that Communion represses the movements of anger and incontinence, which are the two passions that most frequently and most violently assail us.

St. Thomas says, that Communion defeats the suggestions of the devil. And finally,

St. John Chrysostom says, that Communion pours into our souls a great inclination to virtue, and a promptitude to practice it; and at the same time imparts to us a great peace, by which the path of perfection is made very sweet and easy to us.

United In Holy Love:

Besides, there is no sacrament so capable of kindling the divine love in souls as the Holy Sacrament of the Eucharist, in which Jesus Christ bestows on us His whole self, in order to unite us all to Himself by means of holy love. Wherefore the **Venerable Father John of Avila** said: "Whoever deters souls from frequent Communion does the work of the devil." Yes; for the devil has a great horror of this sacrament, from which souls derive immense strength to advance in divine love.

The Holy Eucharist by St, Alphonsus de Liguori

Incarnation of the Word

God's infinite love, says **St. Augustine,** made Him devise the plan of giving Himself entirely to us by the Incarnation of the Word, in order thus to oblige us to love Him with our whole hearts. "Then love found out the plan of delivering up itself."

God, who would possess the entire heart and the entire love of man, wished to be" " both our Creator and Redeemer;" as He was our Creator, so He would likewise become our Redeemer.

And behold Him already arrived from heaven in a stable; as a child, born for us and given to us: A Child is born to us, and a Son is given to us. (Luke, ii. II) This was precisely what the angel signified when addressing the shepherds: To-day is born to you a Savior? As much as to say: O ye men, go to the cave of Bethlehem; there adore the Infant, which you will find laid on the straw, in a manger, and shivering with cold; know that He is your God, who would not consent to send any one else to save you, **but would come himself, that he might gain for Himself all your love.**

Incarnation and Birth of Jesus Christ by St, Alphonsus

Marina De Escobar

A pious man named James de Escobar, who was by profession a lawyer, had a little daughter called Mary. This child was, from her infancy, so gentle and so meek that everyone spoke of her as a little saint. |She had an aunt who stayed with her, for whom she had a special affection. The aunt, too, loved the child greatly, and spent the most of her time in teaching her little niece all about